

EDUCATION

University of Georgia

May 2026

Major: Health Promotion and Behavior with an Emphasis in Health Services

Minor: in Global Health

Cumulative GPA: 3.84

PROFESSIONAL DEVELOPMENT

Incoming Public Health Intern, *East Georgia Cancer Coalition*, Athens, GA

Spring 2026

- Will support cancer prevention and community health initiatives across 53 counties in East Georgia.
- Anticipated responsibilities include creating educational materials, expanding free screening programs, coordinating on-campus outreach, and developing health promotion initiatives.
- Will gain experience in community engagement, health education, and program development while supporting underserved communities.

Participant, *Hazelden Betty Ford Medical & Professional Education Program*, Center City, MN

July 2025

- Completed a five-day clinical immersion program focused on substance use disorder treatment and recovery, participating in patient-facing activities such as group therapy, educational lectures, and clinical observations.
- Attended didactic sessions led by clinicians on the neurobiology of addiction, ASAM criteria, current pharmacotherapies, and stigma reduction strategies.
- Gained practical exposure to evidenced-based care and the full continuum of treatment at HBFF.

WORK & CAMPUS INVOLVEMENT

Public Health Ambassador, *UGA College of Public Health*, Athens, GA

May 2024 – Current

- Guide orientation sessions for new and current students to provide information about the College of Public Health's programs and opportunities and encourage consideration for getting involved in this college.
- Set up, manage, and break down various large events within this college for over 1500 guests, including the College of Public Health's Graduation and State of Public Health Conference.
- Represent the College of Public Health at university events and orientations, fostering student interest in public health.

Sales Associate, *Belk*, Cumming, GA

May 2024 – December 2024

- Provided customer service by assisting with product selection, processing transactions, and handling returns to ensure a positive shopping experience.
- Maintained store organization by managing inventory, restocking merchandise, and upholding visually appealing displays aligned with company standards.

Student Government Association Member, *First Year Programs*, Athens, GA

September 2022 – July 2023

- Participated in weekly leadership development meetings and contributed to student-led initiatives aimed at improving campus life and university programs.
- Collaborated with executive and cabinet members to strengthen campus-wide engagement and build partnerships with student organizations and campus leaders.

Cashier, *Publix*, Cumming, GA

June 2020 – July 2022

- Delivered friendly, efficient service by greeting customers, answering questions, assisting with purchases, and offering carry-out help to enhance the overall customer experience.
- Operated registers and processed transactions with accuracy while meeting productivity goals; handled opening/closing duties including balancing tills, cleaning, and restocking.

COMMUNITY INVOLVEMENT

Volunteer and Client Deliveries Shift Leader, *Campus Kitchen*, Athens, GA

September 2024 – Current

- Support food recovery efforts by collecting surplus food from local businesses and farms and transforming it into meals and grocery bags distributed to over 700 community members each month.
- Coordinate weekly delivery routes and deliver meals and grocery bags to clients in need, offering companionship to reduce senior isolation.
- Lead volunteers during shifts by delegating tasks in food processing, packaging, and preparation to ensure smooth operations.

SKILLS

Technical: Microsoft Suite, Google Workspace, Literature Reviews, Program Planning, SPSS, Technical/Science Writing

Certifications: CPR and First Aid